



Corn Salad (Mache) Planting Guide

About Corn Salad

Mache is an easy to grow mild-tasting green with oval shaped leaves that are wonderful in salad green mixes. It is also known as Corn Salad or Lamb's lettuce.

When to Plant

Due to their cold-tolerant nature, Corn Salad seeds are best sowed in the early fall in warmer climates, and are best sowed once the soil is workable in late winter or early spring in colder climates. Corn salad is very cold resistant, and with proper establishment it can resist temperatures as low as 10 degrees F, so long as the roots are properly insulated by mulch.

Where to Plant

Full sun (6-8 hours of sun per day) is required to grow Corn Salad properly, and it grows best when sown in loamy soils that are rich in nutrients.

How to Plant

Once soil temperatures reach between 50-70 degrees F, broadcast the seed into the garden and lightly cover up to 1/4" deep. Keep the soils moist as the germination process happens, and thin out seedlings to be 3-6" apart. Continue to plant in this manner every 10-14 days in the spring to prolong your harvesting season.

Caring for Corn Salad

Harvest individual leaves as they reach a desired size. Harvest the entire plant as soon as it begins to develop a flower head, failure to do so may result in overly bitter or inedible leaves. Leave the roots in the ground to produce more leaves to harvest.