



Sage (Broadleaf) Planting Guide

About Sage

Sage seeds – also called Broadleaf Sage or Common Sage - can be planted indoors or outdoors. An extremely flavorful and versatile herb, sage is commonly used to spice poultry, vegetables, stuffings, sausages, and many other foods. Sage is also an attractive perennial garden herb plant.

When to Plant

Plant indoors 6-8 weeks before the last frost of the season, or sow directly into the garden after the last frost of the season.

Where to Plant

Plant in loamy soils that are well drained and have access to full sun (6-8 hours of sunlight per day). Consistently wet soils will easily kill Sage. Sage prefers soils that are neutral in pH, but will tolerate a range between 6.6-7.6pH.

How to Plant

Sow directly into damp soil via broadcasting seed and lightly covering seeds up to 1/8" deep. Keep the soil moist, but not soaked for up to 3 weeks to allow for the seed to germinate properly. As Sage seedlings grow, thin out until each plant is 12-18" apart. If started indoors, set out plants into the garden 12-18" apart from each other.

Caring for Sage

Entire stems or individual leaves can be harvested at once. Both small and large leaves may be harvested, but smaller leaves are more flavorful while larger leaves are better suited to drying. Stems can be hung upside down in a dark, cool, dry place such as a garage to dry, or leaves can be refrigerated for fresh use. Be sure to leave some leaves behind to the plant can adequately recover.