



## Astilbe Planting Guide

### About Astilbe

Astilbes are a beautiful addition to almost any area. Also called False Goat's Beard, or meadowsweet, there are over 25 different varieties to choose from. With the right conditions and some occasional water, astilbes will thrive and provide a unique look to your planting area.

### When to Plant

Plant in the spring.

### Where to Plant

Astilbe thrives in shady areas. Plant astilbe in a location protected from full sun- astilbe can't survive in the heat of full sun. Make sure that the soil is humus-rich and well-draining. You can add perlite, coarse sand or peat moss to increase draining qualities

### How to Plant

Dig a hole about twice as wide as the roots and around 4-6 inches deep. Place plants so that the roots are fanned slightly and pointing downwards. The top of the roots should be about 1 inch below the soil line. Cover with soil and firmly press.

### Caring for Astilbe

Make sure that your growing astilbes get enough water. We recommend watering deeply when the soil looks dry, instead of watering every day.

After about 4 years, divide and replant your roots as to not over-crowd your plants.